9amHealth

Better care. Smarter medication spend.



NEW

Autoimmune Care Clinic

9amHealth now offers specialist care for people living with rheumatoid arthritis and psoriatic arthritis, coordinated with the rheumatologist they already see.

For Members

MEETING MEMBERS WHERE THEY ARE

- Specialist Care Team
- Registered dietitians in anti-inflammatory nutrition
- Health coaching for lifestyle, flare management
- Specialty physician oversight

SUPPORT FOR WHAT MATTERS MOST

- Pain, fatigue, and flare management
- Sleep, stress, and mental health support
- Nutrition and metabolic health guidance
- Medication reminders and refill coordination

For Employers

REDUCE COSTS ON YOUR HIGHEST-COST MEMBERS

- Improve biologic persistence
- Support and promote biosimilar transitions
- Reduce unnecessary high-cost sites of care through proactive flare escalation
- Address cardiometabolic comorbidities

MEASURABLE, REPORTABLE OUTCOMES

- Validated PROs[1] tracked at baseline and throughout
- Cardiometabolic quality measures
- Member satisfaction as a core measure of success

1 Patient-Reported Outcomes

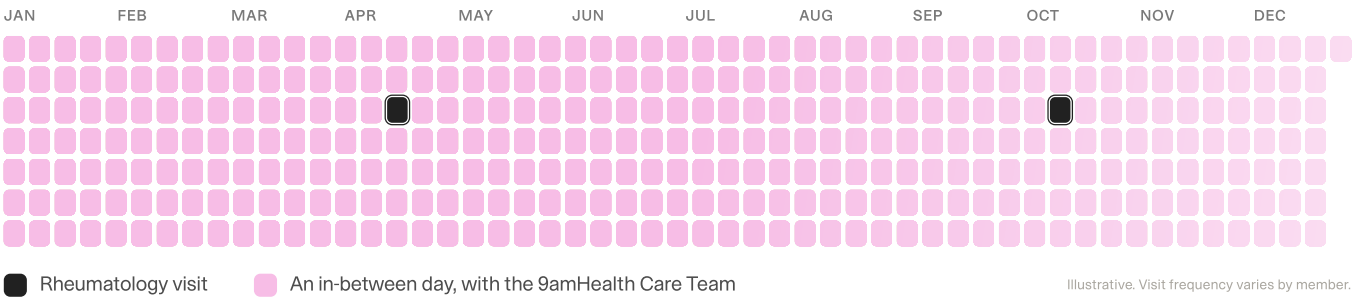
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The in-between-days

Rheumatology visits can be months apart.

2
Rheumatology visits every year

363
Days in between, when pain, fatigue, and flares don't wait for an appointment



Illustrative. Visit frequency varies by member.

WHY IT MATTERS

A high-cost area

Ongoing care between visits helps prevent flares that lead to costly ER visits and hospitalizations. Expert pharmacy and clinical support promotes lower-cost biosimilar adoption.

One team. One plan.

Cardiometabolic co-conditions are managed by the same Care Team on the same plan. No separate program.

Simple to buy

One monthly per-member fee with unlimited access to specialists. Contract directly, or through your health plan, PBM, or a channel partner.

What this means for your organization

24%
of pharmacy spend tied to 21 specialty medications indicated for autoimmune conditions.[1]

Up to $28.8M
potential 3-year savings from switching to lower-cost biosimilars in a modeled health plan.[2]

1. Lockton, 2025 employer claims analysis; medications have autoimmune indications but may also treat other conditions.
2. 2024 published budget impact model; hypothetical 1M-member US health plan. Savings vary by biosimilar adoption.

Having a Care Team I can turn to for support has made a real difference. I feel more confident managing my autoimmune condition and look forward to improving my energy, sleep, and overall health.

–9amHealth member

Your partner in specialty care.

Schedule a Call ›

Contact partnerships@9am.health or visit 9am.health